

May 2017 3-5 Lunch

Regional School Unit No. 18

“Fueling Learner Excellence through Good Food and Good Nutrition”



★ **Monday**
Starchy Vegetables

★ **Tuesday**
Beans & Legumes

★ **Wednesday**
Dark Green & Leafy

★ **Thursday**
Red, Orange, & Yellow

★ **Friday**
Other Vegetables

1 American Cheeseburger On a Bun Cool Cukes w/Dip Fruit and Vegetable Bar Low Fat Milk Variety	2 Hot Chicken & Cheese Sub Rockin' Red Kidney Beans Fruit and Vegetable Bar Low Fat Milk Variety	3 Shepherd's Pie Brawny Biscuit, Lush Baby Spinach Fruit and Vegetable Bar Low Fat Milk Variety	4 Diner Style Pulled Pork Sandwich Sweet Potato Bites Fruit and Vegetable Bar Low Fat Milk Variety	5 Glazed French Toast Maine Blueberries Hash Browns Fruit and Vegetable Bar Low Fat Milk Variety
8 Crispy Chicken Patty on a Bun Smiley Fries Fruit and Vegetable Bar Low Fat Milk Variety	9 Mighty Meatball Sub Beautiful Black Beans Fruit and Vegetable Bar Low Fat Milk Variety	10 Sweet and Sour Chicken Savory Rice Warm and Gooley Cookie Dark Green Leafy Lettuce Fruit and Vegetable Bar Low Fat Milk Variety	11 Pancakes and Sausage Roasted Potatoes Cherry Tomatoes Fruit and Vegetable Bar Low Fat Milk Variety	12 Pizza Dipping Stix w/Marinara Sauce Sensational Snap Peas Fruit and Vegetable Bar Low Fat Milk Variety
15 Crispy Chicken Nuggets Bug Bite Graham Crackers Perfect Peas Fruit and Vegetable Bar Low Fat Milk Variety	16 BLT Sandwich Cheese Stick Baked & Seasoned Chickpeas Fruit and Vegetable Bar Low Fat Milk Variety	17 American Chop Suey Lunch Roll Beautiful Broccoli Florets Fruit and Vegetable Bar Low Fat Milk Variety	18 Hawaiian Ham Coconut Rice Graham Cracker Bug Bites Crunchy Carrots Fruit and Vegetable Bar Low Fat Milk Variety	19 Personal Pan Pizza Marinara Sauce Crunchy Celery Stix w/Dip Fruit and Vegetable Bar Low Fat Milk Variety
22 Sea Shaped Fish Nuggets Savory Rice Cool Frozen 100% Juice Bar Mighty Broccoli Florets Fruit and Vegetable Bar Low Fat Milk Variety	23 Hearty Hotdog on a Bun Baked Beans Fruit and Vegetable Bar Low Fat Milk Variety	24 Sunny with a Chance of Spaghetti and Meat Sauce Lunch Roll Tossed Romaine Lettuce Salad Fruit and Vegetable Bar Low Fat Milk Variety	25 Magnificent Mac n' Cheese w/Ham Tasty Tomatoes Fruit and Vegetable Bar Low Fat Milk Variety	26 Hawaiian Pizza Crunchy Celery with Dip Fruit and Vegetable Bar Low Fat Milk Variety
29 NO SCHOOL-MEMORIAL DAY	30 Ham Italian Sandwich Baked Chips Rockin' Red Kidney Beans Fruit and Vegetable Bar Low Fat Milk Variety	31 Shepherd's Pie Brawny Biscuit, Lush Baby Spinach Fruit and Vegetable Bar Low Fat Milk Variety		