

May 2017 5-8 Lunch

Regional School Unit No. 18

“Fueling Learner Excellence through Good Food and Good Nutrition”



★ **Monday**
Starchy Vegetables

★ **Tuesday**
Beans & Legumes

★ **Wednesday**
Dark Green & Leafy

★ **Thursday**
Red, Orange, & Yellow

★ **Friday**
Other Vegetables

1 American Cheeseburger On a Bun Beautiful Beets Fruit and Vegetable Bar Low Fat Milk Variety	2 Hot Chicken & Cheese Sub Rockin' Red Kidney Beans Fruit and Vegetable Bar Low Fat Milk Variety	3 Shepherd's Pie Brawny Biscuit, Lush Baby Spinach Fruit and Vegetable Bar Low Fat Milk Variety	4 Everlasting Enchiladas Spicy Rice Sweet Potato Bites Fruit and Vegetable Bar Low Fat Milk Variety	5 Glazed French Toast Maine Blueberries Hash Browns Fruit and Vegetable Bar Low Fat Milk Variety
8 Sea Shaped Fish Nuggets Savory Rice Mighty Broccoli Florets Fruit and Vegetable Bar Low Fat Milk Variety	9 Hearty Hotdog on a Bun Beautiful Black Beans Fruit and Vegetable Bar Low Fat Milk Variety	10 Sweet and Sour Pork Savory Rice Warm and Goey Cookie Dark Green Leafy Lettuce Fruit and Vegetable Bar Low Fat Milk Variety	11 Roasted Chicken Wings Sauce Station Seasoned Potato Wedges Fruit and Vegetable Bar Low Fat Milk Variety	12 Personal Pan Pizza Cool Cukes with Dip Fruit and Vegetable Bar Low Fat Milk Variety
15 Crispy Chicken Nuggets Bug Bite Graham Crackers Seasoned Potato Wedges Fruit and Vegetable Bar Low Fat Milk Variety	16 BLT (Bacon, Lettuce, Tomato) Sandwich Cool Cheese Stick Baked Beans Fruit and Vegetable Bar Low Fat Milk Variety	17 Sesame Asian Noodle Chicken Lunch Roll Red Kidney Beans Fruit and Vegetable Bar Low Fat Milk Variety	18 Pancakes and Sausage Roasted Potatoes Cherry Tomatoes Fruit and Vegetable Bar Low Fat Milk Variety	19 Pizza Dipping Stix Marinara Sauce Crunchy Celery Stix w/Dip Fruit and Vegetable Bar Low Fat Milk Variety
22 Cosmic Corn Dog Smiley Fries Cool Frozen 100% Juice Bar Fruit and Vegetable Bar Low Fat Milk Variety	23 Hot Ham and Cheese Sub Baked & Seasoned Chickpeas Fruit and Vegetable Bar Low Fat Milk Variety	24 Twisted Chicken Alfredo Lunch Roll Beautiful Broccoli Florets Fruit and Vegetable Bar Low Fat Milk Variety	25 Cheesy Chicken Quesadilla Radical Red Pepper Strips Fruit and Vegetable Bar Low Fat Milk Variety	26 Homemade Hawaiian Pizza Crunchy Celery with Dip Fruit and Vegetable Bar Low Fat Milk Variety
29 NO SCHOOL-MEMORIAL DAY	30 Hot Chicken & Cheese Sub Rockin' Red Kidney Beans Fruit and Vegetable Bar Low Fat Milk Variety	31 Macaroni and Cheese w/ Diced Ham Lunch Roll Tossed Romaine Lettuce Salad Fruit and Vegetable Bar Low Fat Milk Variety		