

# June 2017 PreK-5 Lunch

## Regional School Unit No. 18

“Fueling Learner Excellence through Good Food and Good Nutrition”



★ **Monday**  
Starchy Vegetables

★ **Tuesday**  
Beans & Legumes

★ **Wednesday**  
Dark Green & Leafy

★ **Thursday**  
Red, Orange, & Yellow

★ **Friday**  
Other Vegetables

<b>THIS SUMMER, KIDS AND TEENS EAT FREE IN RSU 18</b>				1 Hard Shell Tacos with Beef and Cheese Radical Red Peppers Fresh Fruit and Vegetable Bar	2 Glazed French Toast Hash Browns Fresh Fruit and Vegetable Bar Low Fat Milk Variety
5 All American Cheeseburger Baked French Fries Fresh Fruit and Vegetable Bar Low Fat Milk Variety	6 Hearty Hot Dog on a Bun Baked Beans Fresh Fruit and Vegetable Bar Low Fat Milk Variety	7 American Chop Suey Lunch Roll Lush Baby Spinach Fresh Fruit and Vegetable Bar Low Fat Milk Variety	8 Tasty Turkey and Cheese Sandwich Sweet Potato Bites Fresh Fruit and Vegetable Bar Low Fat Milk Variety	9 Pizza Dipping Stix Magnificent Marinara Sauce Super Snap Peas Fresh Fruit and Vegetable Bar Low Fat Milk Variety	
12 Wholesome Corn Dog Crisp Peas Cool, Frozen 100% Juice Bar Fresh Fruit and Vegetable Bar Low Fat Milk Variety	13 Mighty Meat Ball Sub Rockin' Red Kidney Beans Fresh Fruit and Vegetable Bar Low Fat Milk Variety	14 Premium Crispy Chicken Patty Dark Green Leafy Lettuce Fresh Fruit and Vegetable Bar Low Fat Milk Variety	15 Ham Italian Sub Diced Tomatoes Fresh Fruit and Vegetable Bar Low Fat Milk Variety	16 Savory Sausage Pancakes Spicy Potato Wedges Fresh Fruit and Vegetable Bar Low Fat Milk Variety	
19 Home Run Cheeseburger Smiley Fries Fresh Fruit and Vegetable Bar Low Fat Milk Variety	20 BLT Sandwich Cheese Stick Baked and Seasoned Chickpeas Fresh Fruit and Vegetable Bar Low Fat Milk Variety	21 Personal Pan Pizza Crunchy Broccoli Florets Baked Chip Variety Fresh Fruit and Vegetable Bar Low Fat Milk Variety			

**THIS SUMMER, KIDS AND TEENS EAT FREE**

(see below for location and meal service details)

**WHERE:**

- Williams Elementary School in Oakland, Maine

**WHEN:**

- Monday through Friday
- Beginning Monday June 26, 2017
- Ending Friday August 4, 2017
- Breakfast Service: 7:30 AM to 8:30 AM
- Lunch Service: 11:30 AM to 12:30 PM