

June 2017 PreK-4 Lunch

Regional School Unit No. 18

“Fueling Learner Excellence through Good Food and Good Nutrition”



★ **Monday**
Starchy Vegetables

★ **Tuesday**
Beans & Legumes

★ **Wednesday**
Dark Green & Leafy

★ **Thursday**
Red, Orange, & Yellow

★ **Friday**
Other Vegetables

THIS SUMMER, KIDS AND TEENS EAT FREE IN RSU 18			1 Hard Shell Tacos with Beef and Cheese Radical Red Peppers Fresh Fruit and Vegetable Bar Low Fat Milk Variety	2 Glazed French Toast Hash Browns Fresh Fruit and Vegetable Bar Low Fat Milk Variety
5 All American Cheeseburger Baked French Fries Fresh Fruit and Vegetable Bar Low Fat Milk Variety	6 Hearty Hot Dog on a Bun Baked Beans Fresh Fruit and Vegetable Bar Low Fat Milk Variety	7 American Chop Suey Lunch Roll Lush Baby Spinach Fresh Fruit and Vegetable Bar Low Fat Milk Variety	8 Tasty Turkey and Cheese Sandwich Sweet Potato Bites Fresh Fruit and Vegetable Bar Low Fat Milk Variety	9 Pizza Dipping Stix Magnificent Marinara Sauce Super Snap Peas Fresh Fruit and Vegetable Bar Low Fat Milk Variety
12 Chicken Caesar Wrap Crunchy Celery Sticks Cool, Frozen 100% Juice Bar Fresh Fruit and Vegetable Bar Low Fat Milk Variety	13 Mighty Meat Ball Sub Rockin' Red Kidney Beans Fresh Fruit and Vegetable Bar Low Fat Milk Variety	14 Premium Crispy Chicken Patty Dark Green Leafy Lettuce Fresh Fruit and Vegetable Bar Low Fat Milk Variety	15 Home Run Cheeseburger Diced Tomatoes Fresh Fruit and Vegetable Bar Low Fat Milk Variety	16 Savory Sausage Pancakes Spicy Potato Wedges Fresh Fruit and Vegetable Bar Low Fat Milk Variety
19 Ham Italian Sub Smiley Fries Fresh Fruit and Vegetable Bar Low Fat Milk Variety	20 BLT Sandwich Cheese Stick Baked and Seasoned Chickpeas Fresh Fruit and Vegetable Bar Low Fat Milk Variety	21 Personal Pan Pizza Crunchy Broccoli Florets Baked Chip Variety Fresh Fruit and Vegetable Bar Low Fat Milk Variety		

THIS SUMMER, KIDS AND TEENS EAT FREE

(see below for location and meal service details)

WHERE:

- China Primary School in China, Maine

WHEN:

- Beginning Monday July 10
- Ending Friday August 4, 2017
- Breakfast Service Monday, Tuesday, Wednesday, Thursday: 7:30 AM to 8:00 AM
- Lunch Service Monday through Friday: 11:30 AM to 12:00 PM