

April 2017 3-5 Lunch

Regional School Unit No. 18

“Fueling Learner Excellence through Good Food and Good Nutrition”



★ **Monday**
Starchy Vegetables

★ **Tuesday**
Beans & Legumes

★ **Wednesday**
Dark Green & Leafy

★ **Thursday**
Red, Orange, & Yellow

★ **Friday**
Other Vegetables

3 American Cheeseburger On a Bun Cool Cukes w/Dip Fruit and Vegetable Bar Low Fat Milk Variety	4 Hot Chicken & Cheese Sub Rockin' Red Kidney Beans Fruit and Vegetable Bar Low Fat Milk Variety	5 Shepherd's Pie Brawny Biscuit, Lush Baby Spinach Fruit and Vegetable Bar Low Fat Milk Variety	6 Diner Style Pulled Pork Sandwich Sweet Potato Bites Fruit and Vegetable Bar Low Fat Milk Variety	7 Glazed French Toast Maine Blueberries Hash Browns Fruit and Vegetable Bar Low Fat Milk Variety
10 Crispy Chicken Patty on a Bun Smiley Fries Fruit and Vegetable Bar Low Fat Milk Variety	11 Mighty Meatball Sub Baked Beans Fruit and Vegetable Bar Low Fat Milk Variety	12 Sweet and Sour Chicken Savory Rice Warm and Goopy Cookie Dark Green Leafy Lettuce Fruit and Vegetable Bar Low Fat Milk Variety	13 Pizza Dipping Stix w/Marinara Sauce Sensational Snap Peas Fruit and Vegetable Bar Low Fat Milk Variety	14 NO SCHOOL
VACATION	VACATION	VACATION	VACATION	VACATION
24 Crispy Chicken Nuggets Bug Bite Graham Crackers Perfect Peas Fruit and Vegetable Bar Low Fat Milk Variety	25 Hot Ham and Cheese Sub Baked & Seasoned Chickpeas Fruit and Vegetable Bar Low Fat Milk Variety	26 Sunny with a Chance of Spaghetti and Meat Sauce Lunch Roll Tossed Romaine Lettuce Salad Fruit and Vegetable Bar Low Fat Milk Variety	27 Pancakes and Sausage Roasted Potatoes Cherry Tomatoes Fruit and Vegetable Bar Low Fat Milk Variety	28 Pizza Dipping Stix Marinara Sauce Crunchy Celery Stix w/Dip Fruit and Vegetable Bar Low Fat Milk Variety