

# April 2017 District Breakfast

## Regional School Unit No. 18

“Fueling Learner Excellence through Good Food and Good Nutrition”



★ **Monday**  
START

★ **Tuesday**  
YOUR

★ **Wednesday**  
DAY

★ **Thursday**  
WITH

★ **Friday**  
SCHOOL BREAKFAST

3 Breakfast Bagel, Tasty Toast, or Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	4 Delightful Doughnut Stick, Cereal Variety, or Tasty Toast Fresh Fruit & 100% Juice Low Fat Milk Variety	5 French Toast, Cereal Variety, Crunchy Warm Toast Fresh Fruit & 100% Juice Variety Low Fat Milk Variety	6 Outstanding Cheesy Omelet, Tasty Toast, Cereal Variety Fresh Fruit and 100% Juice Low Fat Milk Variety	7 Breakfast Pizza, Tasty Toast, Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety
10 Tutti Fruit Muffin, Tasty Toast, or Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	11 Fantastic French Toast Stix, Cereal Variety, or Tasty Toast Fresh Fruit & 100% Juice Low Fat Milk Variety	12 Pancakes, Savory Sausage, Tasty Toast, or Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	13 Cheesy Scrambled Eggs, Tasty Toast, or Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	NO SCHOOL
VACATION	VACATION	VACATION	VACATION	VACATION
24 Breakfast Bagel, Tasty Toast, or Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	25 Delightful Doughnut Stick, Cereal Variety, or Tasty Toast Fresh Fruit & 100% Juice Low Fat Milk Variety	26 French Toast, Cereal Variety, Crunchy Warm Toast Fresh Fruit & 100% Juice Variety Low Fat Milk Variety	27 Outstanding Cheesy Omelet, Tasty Toast, Cereal Variety Fresh Fruit and 100% Juice Low Fat Milk Variety	28 Breakfast Pizza, Tasty Toast, Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety