

April 2017 CPS Lunch

Regional School Unit No. 18

“Fueling Learner Excellence through Good Food and Good Nutrition”



★ **Monday**
Starchy Vegetables

★ **Tuesday**
Beans & Legumes

★ **Wednesday**
Dark Green & Leafy

★ **Thursday**
Red, Orange, & Yellow

★ **Friday**
Other Vegetables

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| 3 Crispy Chicken Patty on a Bun Seasoned Potato Wedges Fruit Variety Low Fat Milk Variety | 4 Hot Turkey & Cheese Sandwich Rockin' Red Kidney Beans Fruit Variety Low Fat Milk Variety | 5 Corn Dog Dark Green Leafy Lettuce Fruit Variety Low Fat Milk Variety | 6 Sea Shaped Fish Nuggets Tasty Baby Tomatoes Fruit Variety Low Fat Milk Variety | 7 American Chop Suey Lunch Roll Cauliflower Fruit Variety Low Fat Milk Variety |
| 10 Hearty Hotdog on a Bun Sweet Corn Fruit Variety Low Fat Milk Variety | 11 Premium Fish Filet on a Bun Garbanzo Beans Fruit Variety Low Fat Milk Variety | 12 Turkey and Cheese Sandwich Lush Baby Spinach Fruit Variety Low Fat Milk Variety | 13 Diner Style Pulled Pork Sadwich Sweet Potato Fries Fruit Variety Low Fat Milk Variety | 14 NO SCHOOL |
| VACATION | VACATION | VACATION | VACATION | VACATION |
| 24 Hearty Hot Dog on a Bun Fantastic French Fries Fruit Variety Low Fat Milk Variety | 25 BLT (Bacon, Lettuce, Tomato) Sandwich Cool Cheese Stick Baked Beans Fruit Variety Low Fat Milk Variety | 26 Crispy Chicken Patty on a Bun Warm and Goopy Cookie Dark Green Leafy Lettuce Fruit Variety Low Fat Milk Variety | 27 Magnificent Mac n' Cheese w/Ham Tasty Tomatoes Fruit Variety Low Fat Milk Variety | 28 Glazed French Toast Maine Blueberries Hash Browns Fruit Variety Low Fat Milk Variety |