

# April 2017 CPS Breakfast

## Regional School Unit No. 18

“Fueling Learner Excellence through Good Food and Good Nutrition”



★ **Monday**  
START

★ **Tuesday**  
YOUR

★ **Wednesday**  
DAY

★ **Thursday**  
WITH

★ **Friday**  
SCHOOL BREAKFAST

3 Cereal Variety, Yummy Yogurt Bug Bite Graham Crackers Fresh Fruit & 100% Juice Variety Low Fat Milk Variety	4 Delicious Doughnut Stick, Cereal Variety, Fresh Fruit & 100% Juice Low Fat Milk Variety	5 Tutti Frutti Muffin Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	6 Blueberry Muffin, Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	7 Parfait (Granola and Low Fat Yogurt,) or Cereal Variety Fresh Fruit Variety 100% Juice Variety Low Fat Milk Variety
10 Cereal Variety, Yummy Yogurt Bug Bite Graham Crackers Fresh Fruit & 100% Juice Variety Low Fat Milk Variety	11 Delicious Doughnut Stick, Cereal Variety, Fresh Fruit & 100% Juice Low Fat Milk Variety	12 Tutti Frutti Muffin Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	13 Blueberry Muffin, Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	14 NO SCHOOL
VACATION	VACATION	VACATION	VACATION	VACATION
24 Cereal Variety, Yummy Yogurt Bug Bite Graham Crackers Fresh Fruit & 100% Juice Variety Low Fat Milk Variety	25 Delicious Doughnut Stick, Cereal Variety, Fresh Fruit & 100% Juice Low Fat Milk Variety	26 Tutti Frutti Muffin Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	27 Blueberry Muffin, Cereal Variety Fresh Fruit & 100% Juice Low Fat Milk Variety	28 Parfait (Granola and Low Fat Yogurt,) or Cereal Variety Fresh Fruit Variety 100% Juice Variety Low Fat Milk Variety